



***Coming Clean:***  
***My Letter-Writing Journey***  
**by Sarah Dean**

is a collection of letters written for the sake of healing and growing from the past. It includes letters to people she has hurt, places she loves, and parts of herself. It is a courageous memoir, written with a commitment to extreme honesty.

If you want to feel the power of how one person changes their past by being present, read this book. Undeniably vulnerable... unbelievable strength.

—Deanna L. Peterson,  
LMHP, CPCC

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